

Advanced Eyecare of Washington

Gigette Collazo Harfst, OD
Optometric Physician

As a patient to our practice, we would like to offer a warm welcome and our thanks for choosing us to provide all your eye health care. In order for us to establish your patient file, and provide the most beneficial use of your time with us, the doctor requires that you complete the following tasks and bring results to your appointment. The doctor needs this information in order to give you the best care possible.

- Completed Patient History Form:** This information includes personal and family information needed to establish your file, as well as your current eye health and vision status. Your responses will guide our doctors and staff in addressing any specific needs during your visit. Since many health conditions may be associated with visual symptoms and/or health problems, this important record (required by all insurances and state health boards) will allow us to care for you as a “whole person” rather than a pair of eyes.
- Insurance cards, Photo ID and/or claim forms:** If you are using any and all medical or vision insurance, bring your proof of coverage. (If a medical condition is discovered during your examination we can submit a claim to your health insurance for the medical evaluation portion of the examination.)
- Eyeglasses:** Please bring ALL pairs of eyeglasses you currently use, including prescription or non-prescription reading glasses, sunglasses, etc. We have instruments to compare the power of your old lenses with your new exam findings, thus enabling us to determine and explain how your vision has changed over time.
- Contact Lenses:** It is best to wear your current contact lenses to your appointment if possible. If you wear disposable contacts, it is helpful to bring along your boxes or lens packets that indicate the lens series, power, manufacturer, etc.
- List of all Medications, Vitamins, Herbal Supplements, Eyedrops, etc:** We will be happy to make a copy of your medicine list that you bring in to your visit.
- Dilation:** The doctor may need to use to dilate your eyes in order to fully evaluate their internal health. This has the effect of temporarily increasing sensitivity to light and causing “fuzzy” vision at reading distance. You may choose to defer dilation or have Optos Retinal Imaging performed. It will allow the doctor to view your inner eye without the annoyance of dilating drops. Ask the staff or Dr. Collazo about revolutionary Optos Retinal Ultra-Field Imaging.

Completing this task list for the items that apply to you will assure you of receiving the most thorough and professional care possible and in a very efficient manner. We look forward to your visit.

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